

200M van TIELT 26: Session: 1: COACH Evaluation sheet for TEAM: BZK

Coachinfo: Warming up from: 07:30 untill 08:20. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Desender Victor HEADCOACH

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 1: 400M FREESTYLE MIXED 10-9							Heat:4, starttime: 08:55	
Heat: 4/5 Lane : 2 Athlete: LIERMAN ROEL							Q-time: 06:47:73	
PB (25m pool): no time			PB (50m pool): 06:47.73SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		no time
								

Coach feedback:

Event number: 2: 400M FREESTYLE WOMEN 11+							Heat:1, starttime: 09:10	
Heat: 1/8 Lane : 4 Athlete: POSTOLACHI MARIE-LOU							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		no time
								

Coach feedback:

Event number: 2: 400M FREESTYLE WOMEN 11+							Heat:3, starttime: 09:25	
Heat: 3/8 Lane : 1 Athlete: VAN TIEGHEM SUZAN							Q-time: 06:33:74	
PB (25m pool): 06:33.74 Veurne 19/10/2025			PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		no time		01:30.21		no time		03:11.14
	no time							
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		06:33.74

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Coach feedback:

Event number: 2: 400M FREESTYLE WOMEN 11+ Heat:4, starttime: 09:32

Heat: 4/8 Lane : 1 Athlete: DEVOLDER ALICE Q-time: 06:18:68

PB (25m pool): 06:41.16 DIKSMUIDE 30/11/2025 PB (50m pool): 06:18.68 SB: no time

	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		00:41.85		01:31.49		02:23.32		03:14.98
	00:41.85		00:49.64		00:51.83		00:51.66	
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		04:07.34		04:59.81		05:52.81		06:41.16
	00:52.36		00:52.47		00:53.00		00:48.35	
								

Coach feedback:

Event number: 2: 400M FREESTYLE WOMEN 11+ Heat:4, starttime: 09:32

Heat: 4/8 Lane : 2 Athlete: VAN HULLE ENID Q-time: 06:14:86

PB (25m pool): no time PB (50m pool): 06:14.86 SB: no time

	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		no time
								

Coach feedback:

Event number: 2: 400M FREESTYLE WOMEN 11+ Heat:5, starttime: 09:39

Heat: 5/8 Lane : 1 Athlete: BEAUPREZ ELOISE Q-time: 06:06:94

PB (25m pool): 06:27.08 Veurne 19/10/2025 PB (50m pool): 06:06.94 SB: no time

	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		no time		01:57.26		no time		03:07.57
	no time							
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M

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PB		no time		no time		no time		06:27.08
	.	.	.	.	.	.	.	.

Coach feedback:

Event number: 2: 400M FREESTYLE WOMEN 11+ **Heat:5, starttime: 09:39**

Heat: 5/8 Lane : 3 Athlete: VINTER LOUISE **Q-time: 05:43:20**

PB (25m pool): 05:43.20 Veurne 19/10/2025 **PB (50m pool): 05:32.31 SB: no time**

	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		no time		01:20.19		no time		02:48.16
		no time						
	.	.	.	.	.	.	.	.
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		05:43.20
	.	.	.	.	.	.	.	.

Coach feedback:

Event number: 2: 400M FREESTYLE WOMEN 11+ **Heat:6, starttime: 09:45**

Heat: 6/8 Lane : 2 Athlete: CALLEWAERT ANTHE **Q-time: 05:37:29**

PB (25m pool): 05:37.29 DIKSMUIDE 30/11/2025 **PB (50m pool): 05:20.90 SB: no time**

	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		00:37.16		01:19.26		02:01.49		02:45.18
		00:37.16		00:42.10		00:42.23		00:43.69
	.	.	.	.	.	.	.	.
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		03:27.99		04:11.17		04:55.10		05:37.29
		00:42.81		00:43.18		00:43.93		00:42.19
	.	.	.	.	.	.	.	.

Coach feedback:

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Event number: 2: 400M FREESTYLE WOMEN 11+							Heat:6, starttime: 09:45	
Heat: 6/8 Lane : 4 Athlete: LALOO PAULINE							Q-time: 05:26:61	
PB (25m pool): 06:17.10 Veurne 19/10/2025				PB (50m pool): 05:26.61SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		no time		01:23.52		no time		03:00.43
	no time							
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		06:17.10
								

Coach feedback:

Event number: 2: 400M FREESTYLE WOMEN 11+							Heat:7, starttime: 09:51	
Heat: 7/8 Lane : 1 Athlete: SALEMBIER BABETTE							Q-time: 05:24:05	
PB (25m pool): 06:00.55 Veurne 27/10/2024				PB (50m pool): 05:24.05SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		no time		01:21.15		no time		02:53.21
	no time							
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		06:00.55
								

Coach feedback:

Event number: 2: 400M FREESTYLE WOMEN 11+							Heat:7, starttime: 09:51	
Heat: 7/8 Lane : 3 Athlete: KIELB KORNELIA							Q-time: 05:03:44	
PB (25m pool): 05:12.01 Diksmuide 12/10/2025				PB (50m pool): 05:03.44SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		00:35.07		01:13.79		01:53.92		02:34.63
	00:35.07		00:38.72		00:40.13		00:40.71	
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		03:15.11		03:55.45		04:35.04		05:12.01
	00:40.48		00:40.34		00:39.59		00:36.97	
								

Coach feedback:

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Event number: 2: 400M FREESTYLE WOMEN 11+							Heat:7, starttime: 09:51	
Heat: 7/8 Lane : 4 Athlete: DEWITTE ELISE							Q-time: 05:06:03	
PB (25m pool): 05:15.20 Veurne 19/10/2025				PB (50m pool): 05:06.03SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		no time		01:14.23		no time		02:36.30
	no time							
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		05:15.20
								

Coach feedback:

Event number: 3: 400M FREESTYLE MEN 11+							Heat:1, starttime: 10:23	
Heat: 1/12 Lane : 4 Athlete: MAKAR TUHAI							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		no time
								

Coach feedback:

Event number: 3: 400M FREESTYLE MEN 11+							Heat:4, starttime: 10:45	
Heat: 4/12 Lane : 5 Athlete: MAESEN NOAH							Q-time: 06:29:45	
PB (25m pool): no time			PB (50m pool): 06:29.45 SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		no time
								

Coach feedback:

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Event number: 3: 400M FREESTYLE MEN 11+							Heat:5, starttime: 10:52	
Heat: 5/12 Lane : 1 Athlete: DURAND JACK							Q-time: 06:17:38	
PB (25m pool): 06:37.18 Diksmuide 12/10/2025				PB (50m pool): 06:17.38SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		00:45.23		01:36.21		02:28.08		03:19.46
	00:45.23		00:50.98		00:51.87		00:51.38	
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		04:13.04		05:05.20		05:50.32		06:37.18
	00:53.58		00:52.16		00:45.12		00:46.86	
								

Coach feedback:

Event number: 3: 400M FREESTYLE MEN 11+							Heat:5, starttime: 10:52	
Heat: 5/12 Lane : 4 Athlete: DHONT THEODORE							Q-time: 06:00:70	
PB (25m pool): no time			PB (50m pool): 06:00.70SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		no time		no time		no time		no time
	no time							
	...	...	...	...	...	...	...	...
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		no time
	...	...	...	...	...	...	...	...

Coach feedback:

Event number: 3: 400M FREESTYLE MEN 11+							Heat:5, starttime: 10:52	
Heat: 5/12 Lane : 5 Athlete: SCHRAMME ARTHUR							Q-time: 06:17:18	
PB (25m pool): 06:25.93 DIKSMUIDE 30/11/2025				PB (50m pool): 06:17.18SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		00:41.17		no time		02:22.92		no time
	00:41.17							
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		06:25.93
								

Coach feedback:

200M van TIELT 26: Session: 1: COACH Evaluation sheet for TEAM: BZK

Event number: 3: 400M FREESTYLE MEN 11+							Heat:6, starttime: 10:59	
Heat: 6/12 Lane : 3 Athlete: MICHELS LOUIS							Q-time: 05:46:72	
PB (25m pool): 05:46.72 Veurne 19/10/2025				PB (50m pool): no time SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		no time		01:24.23		no time		02:53.33
	no time							
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		05:46.72
								

Coach feedback:

Event number: 3: 400M FREESTYLE MEN 11+							Heat:9, starttime: 11:17	
Heat: 9/12 Lane : 2 Athlete: VERSTRAETE HENRI							Q-time: 05:15:59	
PB (25m pool): 05:15.59 Veurne 19/10/2025				PB (50m pool): no time SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		no time		01:15.14		no time		02:36.89
	no time							
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		05:15.59
								

Coach feedback:

Event number: 3: 400M FREESTYLE MEN 11+							Heat:10, starttime: 11:23	
Heat: 10/12 Lane : 5 Athlete: CALLEWAERT EBEN							Q-time: 05:11:59	
PB (25m pool): 05:11.59 Meulebeke 18/05/2025				PB (50m pool): 05:17.41 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		no time		01:14.87		no time		02:35.74
	no time							
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		05:11.59
								

Coach feedback: